

NW Region Report

March 2014

CHNS & CHPS

Sarah Brisco

- Provided presentation to Marshall School on Suicide Prevention (More than Sad) – provided the video and discussion to 19 students in the Sports and Recreation Class and 40 students in the health class and provided tobacco prevention information to all students
- Assisted Yellville School District with Farm to You School Event- Cheria Lindsey and I partnered with Yellville-Summit schools to provide education during the “Farm to You” program by U of A Extension. We provided multiple educational activities that included: Tobacco Ball, Injury prevention with ATV Safety, Oral Health and physical activity with spin game. Also, assisted with directing students to move them from the farm through the digestive process and the importance foods to their bodies. This event was for Marion county grades 2-6th, with approximately 440 participants.
- Continue to work on the wellness initiative project by contacting the schools and wellness coordinator- continue to work on the Summer Wellness Conferences
- Attended Substance Abuse Prevention Meeting- Discussed upcoming grants and Teen Summit
- Attended the ArCOP meeting in Fayetteville- Attended the Cooking/Shopping Matters Course
- Worked with NW Region on preparing for the State CHNS/CHPS meeting. Created evaluation forms to be used at meeting

Nancy Marsh

- Assisted with the Immunization Workshops at Western and OUR Cooperative for school nurses and LHU Administrators
- Hosted Injury Prevention 101 Workshop for School Staff, HHI Support staff and community members at Northwestern Co-op
- MCHC Meeting – facilitated and presented Period of Purple Crying – 35 people including 8 students from high school attended.
- Technical Assistance provided to the Committee in Madison County on applying for Partners for Success – Drug and Alcohol Prevention grants – 1 is a Youth Leadership Grant and another is a community grant

- Providing technical assistance with Harber High East Lab students and their health fair – contacting vendors to exhibit; meeting with the students about every 1-2 weeks; developed pretest – contacted exhibit vendors for a question for pretest; printed flyers for them to distribute
- Received Ark Cancer Coalition mini-grant to provide Tobacco Cessation for Youth Workshop materials \$1,000
- Working with Layce Vance, Injury prevention to provide in Madison Co at all 3 schools: Pre-K and K – 250 life jackets; Springdale George Elem – Bikes, Books, and barbecue event – asked for 150 bike helmets; Elkins – asked for 150 bike helmets for their K-2 building.

Cheria Lindsey

- “Farm to You” with the U of A extension at Yellville-Summit Schools with Marion County grades 2-6th approximately 380 youth attended with overall attendees being around 440 individuals that included those that helped along with parents, staff, and other volunteers.
- Glucagon Train the Trainer for School Nurses, included tobacco prevention and cessation due to complications with Diabetes.
- CPR/AED/FA for Special Education Instructors - Education included, tobacco with Quitline, Act 811, Home Safety, and Communicable diseases/immunizations
- Immunization Update Workshop at OUR Co-op. The nurses were educated on the Meningococcal Disease and how to educate parents, the changes to the immunizations and to be proactive with notifying parents and encourage them to start taking their children to be immunized, and school nursing updates and legislative changes that affect the health and education of their students.
- ARCOP Workshop in Fayetteville, attended the Worksite Wellness portion for the OUR Educational Cooperative in Valley Springs and attended the NWTrac IP/Education Committee meeting in Bentonville
- 3 Grand Rounds: “At the Intersection of Disability and Public Health: The Scope of the Issue and Practical Advice by Vanessa Nehus, JD and reported to HHI on 3-21 the changes that “Healthy” will be defined as in the future
- Agenda Completed with Speakers confirmed and email sent to Carroll County Schools for the Teen Summit for a formal invitation to attend

Miranda Curbow

- Hartford Public Schools – Presented/ educated students and staff on dangers of smoking, focus on teen marketing, smokeless tobacco, e-cigarettes and cessation

information- Included Act 811 and quitline information/education- Also, educated on alternative education for ISS due to tobacco infractions. 74 present

- WAESC Immunization Workshop for School Nurses and LHU Administrators - Provided education on upcoming immunization changes as well as update on Meningitis and its history, course, and signs and symptoms and outcomes. Included death rates and infection rates due to no immunizations in regards to multiple infectious diseases. I educated on the tobacco's role in poor immunity, etc.
- Magazine School - Presented/educated students and staff on dangers of smoking, focus on teen marketing, smokeless tobacco, e-cigarettes and cessation information. Included Act 811 and quitline information. Also discussed alternative education for ISS due to tobacco infractions. 74
- Fort Smith Mission Methodist Church - Educated community/church on safe infant sleep. Gave stats related to smoking and SIDS, included act 811 and quitline information. Also discussed immunizations importance to infant health. Also included education on child seat passenger safety. Provided handout for car seat safety information. 23 African American population present *minority focus
- Fort Smith Evans Boys and Girls Club (Teen Summit) - Educated children and staff of Boys/Girls Clubs on tobacco and its dangers. Provided interactive education in the form of spin smart tobacco game. Included ingredients, effects, and cessation techniques. Provided quitline cards and ACT 811 information. Showed cigarette model and Mr. Gross Mouth *140 present
- Superintendent meeting: Presented/Educated on concussion and heat related illness training.
- Facilitated an Immunization workshop for school nurses and LHU Administrators at Arch Ford Co-op for school nurses and LHU Administrators. Continue to act as CHNS for Arch Ford nurses while one is being hired

Christine McKnelly

- Conducted/Presented "Wellness Workshop and SHI training" for Western Cooperative: included 13 participants representing 7 school districts. Educated on the Wellness Toolkit, use of SHI, online vs. paper SHI, wellness component, NSLP guidelines, and the concept of Coordinated School Health. Allowed break out time for role play and targeted SHI work. Corrected/clarified multiple misconceptions re: regulations among participants and following up- Evaluation showed participants could identify components of SHI and steps to effective school health improvement via wellness committees.
- Presenter at the Arkansas Family and Consumer Science Conference- Presented the role community coalitions can play in obesity prevention; the history and success of the Faulkner County Healthy Weight Coalition, the role of CHPS including tobacco and injury prevention for schools. Estimated 30 in attendance for my session including FACS teachers and faculty from around the state

- Dardanelle Middle School- Presentation on the Dangers of Energy Drinks and Supplements for 7th grade: covered caffeine, limitations of regulation by FDA, alcohol in energy drinks, concerns of protein and amino acid supplementation, discussed incidences of kidney/liver failure and other health concerns; discussed reasons why milk, water, and occasional electrolyte supplements are superior hydration drinks
- Dardanelle Middle School- Presentation to 8th graders on the Dangers of Energy Drinks and Supplements : covered caffeine, limitations of regulation by FDA, alcohol in energy drinks, concerns of protein and amino acid supplementation, discussed incidences of kidney/liver failure and other health concerns; discussed reasons why milk, water, and occasional electrolyte supplements are superior hydration drinks
- Collaborated with UCA to extend injury prevention sponsorship (savings from Cooking Matters to fall semester continuation of classes & provision of safety equipment for Shopping Matters programs
- Presented at the Arkansas Coalition for Obesity Prevention summit in Fayetteville; discussed childhood obesity, reviewed the new toolkit for early childhood and schools nutrition/physical activity, and discussed available grants for schools. Presented two sessions at the summit
- Immunization workshop-helped organize/hosted at Arch Ford Co-op for School Nurses and LHU Administrators. Briefly presented role of CHPS and availability for injury prevention and tobacco presentations or materials for schools